How do I compare and develop?

Key Vocabulary	Dance
Smart	Dancing with good posture, tidy movements, and confident presentation so the routine looks polished and controlled.
Express	Using your body, facial expressions, and movement quality to show feelings, ideas, or a story through dance.
Neat	Performing movements cleanly and precisely, with clear shapes and tidy lines.
Beat of 8	A common counting structure in dance where movements are organised in sets of eight beats to stay in time with the music.
Phrase	A short sequence of movements that link together to create part of a dance routine.
Performance	Showing a dance routine to an audience, demonstrating confidence, timing, expression, and control.

Steps to Success in Dance
To move in different ways
To move with control
To work individually and with others
To move to music showing expressive qualities of dance
To be creative and compose short dances